

R U READY? TEST

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R U Ready? - A test

Are you ready to have sex?
Do this test and you will know.

Having sex can be different things: Wet kissing, petting, mutual masturbation up to intercourse.

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Some questions about you and your partner:
For every question, select the option that honestly fits your opinion the best.

	Yes	No
1. Do you and your partner know each other well and feel part of each other's lives?	<input type="checkbox"/>	<input type="checkbox"/>
2. Are you both committed to the relationship?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you trust each other?	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you make common decisions and discuss together without one dominating the other?	<input type="checkbox"/>	<input type="checkbox"/>

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Some questions about you and your partner:
For every question, select the option that honestly fits your opinion the best.

	Yes	No
5. Can you talk with each other about sex?	<input type="checkbox"/>	<input type="checkbox"/>
6. Have you considered forms of sex other than only sexual intercourse?	<input type="checkbox"/>	<input type="checkbox"/>
7. Have you talked about what kind of contraceptive method to use?	<input type="checkbox"/>	<input type="checkbox"/>
8. Have you discussed the need for HIV and STI tests for both of you?	<input type="checkbox"/>	<input type="checkbox"/>

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And then some questions about you:
Ask yourself each of these questions and select the option that honestly fits your opinion the best.

9. Do you consider yourself old enough?

Yes, I think I am old enough to start having sex.

No. I think I am too young to start having sex.

10. Does it feel right to have sex now?

Yes, it feels right.

No. I would rather wait (it feels too soon / too overwhelming).

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11. Is your partner the right one to have sex with?

Yes, (s)he is the right one for me.

No - I don't think so.

12. Do you yourself really want to have sex?

Yes, I really do.

No (I feel I have to because of other people).

13. Do you feel that you can still say no?

Yes, I feel I don't need sex.

No - once I want to have sex I feel I can't stop.

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RESULTS:

Did you answer 'NO' to ANY of these questions?

Even to just one question - you and your partner are **not ready to have sex yet**.

For now it would be safer for you to stick to **kissing, holding hands, hugging or other non-sexual, intimate ways** of showing your affection.

Maybe you don't have a partner yet: remember this test for later and how important it is to be ready for sex before you embark on it.

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RESULTS:

Did you answer 'YES' to ANY of these questions?

Then you might be ready for sex. You have certainly thought about and discussed a lot of the important things you and your partner need to consider.

But remember...

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If you consider having sex, always remember:

- Friendship and closeness don't develop overnight. Take your time to get to know each other and grow intimately step by step.
- Waiting to have sex is ok! You don't need to have sex to be accepted or get love, or because 'everyone else does it!'. It's about your needs and wishes.
- You can always say 'no', even if you've said 'yes' to sex nor intercourse earlier.
- Never do anything that you and you partner find unpleasant.

END OF THE TEST

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THE END