

Worksheet

**Good qualities others see in me!**

**My parents/caregivers think my good qualities are:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**Someone from my community (e.g. a friend, sibling, grandparent, pastor, neighbour) thinks my good qualities are:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_