

EXAMPLE WORKSHEET: FROM DREAM TO ACTION

Living your dream as a WSWM facilitator

Female TTC student, age 25

Step 1: My dream and impact

1. **My dream/goal as a facilitator of WSWM is:**
I would like to become the kind of facilitator that helps giving girls same chances as boys, aiming for gender equity.
2. **Living my dream, I can mean for the students in my class:**
Making sure both boys and girls will feel empowered, have equal opportunities in education and feel both confident about their futures.
3. **Living my dream, I can mean for my community:**
Contributing to gender equity and empowerment.

Step 2: key message + actionplan

4. **What key message from WSWM contributes to my dream? Choose 1.**
I have learned that boys and girls are equal. In lesson 3 I have reflected on stereotypical gender roles and I see how they can hinder gender equality in my class. Especially the exercise 'do the walk' made me realise that.
5. **What am I planning to actually do in my class to achieve my dream?**
As a female facilitator I can help both my female and male students by being a good example of a successful and empowered woman. I can give the girls in my class the same opportunity to answer questions as boys.

Also, I want to make sure that at my school, girls get the same learning opportunities as boys have, for instance by advocating for good toilets so that they can still go to school during their periods.

6. **What facilitation skills learned in this program contribute to this (use the 10 golden rules of facilitation)**
I learned to create a safe atmosphere and keep it like that. This is so important for getting input. I will every lesson start with the ground rule on confidentiality so all students and especially the girls will feel safe and can share their experiences, questions and worries!

Step 3: overcoming obstacles

7. **What obstacles do I see?**
 - I need a lot of confidence to be a good role model of an empowered woman. And I still feel insecure.
 - To advocate for hygienic toilets I need to convince my board of the importance of female students' rights to take care of themselves during their periods.
8. **How can I overcome these obstacles?**
 - Confidence: I can make a team with female co-facilitators of WSWM and talk about our challenges. We can advise, inspire and compliment each other. Also I want to reflect on my achievements often, so I can grow confident as well.
 - With this team we together can talk to the board and even to our city board to see if we can get some money for building the toilets. Or we will collect it during a project week.